



10TH ANNUAL INTERNATIONAL WOMEN IN SURGERY CAREER SYMPOSIUM



Celebrating a Decade of Diverse, Dynamic & Driven Women in Surgery

The Evolving Practice of Surgery Baby Boomers to Generation Z

February 15-16, 2019

Sheraton Sand Key Resort • Clearwater Beach, Florida



CHAIR

Sharona B. Ross, MD, FACS

Professor of Surgery, University of Central Florida, College of Medicine
Director, Minimally Invasive Surgery & Surgical Endoscopy
Director, Advanced GI & HPB Fellowship Program
Director & Founder, AdventHealth Tampa, Women In Surgery Initiative
Digestive Health Institute, AdventHealth Tampa
Tampa, Florida



CO-CHAIR

Sareh Parangi, MD, FACS

Professor of Surgery, Harvard Medical School
Director, Massachusetts General Hospital Endocrine Surgery Fellowship
Director, Massachusetts General Hospital Thyroid Cancer Research Laboratory
President, Association of Women Surgeons
Boston, MA



Register online at women-in-surgery.com



COURSE DESCRIPTION

The Women in Surgery (WIS) Career Symposium is a professional and academic event dedicated to encouraging more women to pursue a career in Surgery and to foster the careers of women in Surgery. It promotes both personal and professional growth and is designed to foster mentorship as well as a peer network. It also provides a forum to discuss contemporary issues and opportunities for women who have chosen or may choose a career in Surgery.

Participants will be able to interact with women who are thought leaders in Surgery and pioneers in advancing women in Surgery.

The annual WIS career symposium serves as a forum to discuss the issues and challenges confronting women as they seek to advance in a changing but still male-dominated field and to share successes and advice for breaking the glass ceiling in Surgery.

Furthermore, the intention is to highlight the importance of advancing women toward careers in Surgery by providing meaningful avenues for surgical professionals and students to interact, exchange ideas, and formulate effective strategies in advancing this important endeavor.

OBJECTIVES

Upon completion of this symposium, participants will be able to:

- Learn about the future of healthcare and the practice of Surgery from baby boomers to generations x, y, and z.
- Actively seek out and improve upon existing mentor/mentee relationships
- Identify specific issues facing women in Surgery
- Cultivate techniques for handling discrimination in the workplace effectively and professionally
- Pursue leadership positions in Surgery
- Possess an understanding of the basic skills and requirements for pursuing leadership positions
- Identify where and why there is need for women in leadership roles
- Utilize professionalism in a discipline in which men are traditionally predominant
- Implement specific coping methods and networking skills to promote a career in a discipline in which men are traditionally predominant
- Better appreciate the need to negotiate "equal pay for equal work"
- Generate reasonable expectations regarding lifestyle in residency and early career
- Implement basic strategies for financial security
- Recognize issues with pregnancy during a surgical career
- Employ and optimize strategies for balancing children and marriage in the face of a demanding profession
- Acknowledge and help further the goals for the future of women in Surgery and be empowered to move toward those goals
- Determine which sub-specialty women surgeons most commonly pursue
- Summarize guidelines that will strengthen your professional image

TARGET AUDIENCE

This symposium is designed for women who may aspire for a career in Surgery or wish to enhance their career in Surgery. The target audience includes physicians, fellows, PA/ARNP, residents, medical students, graduate and undergraduate students, and other healthcare professionals.



LOCATION

SHERATON SAND KEY RESORT

1160 Gulf Blvd., Clearwater Beach, FL 33767 • (727) 595-1611

www.starwoodhotels.com

Experience the style, preferred amenities and waterfront accommodations of **Sheraton Sand Key Resort**. Located in stunning Clearwater Beach, Florida, our resort hotel boasts 375 hotel rooms and suite accommodations, each with their own balcony or patio. After a restful night's sleep on our acclaimed signature mattresses, lounge by our sparkling beachfront pool sipping a Caribbean-inspired cocktail, relax on the powder-white sands of our 13-acre private beach or enjoy a day filled with beach activities like parasailing and wave running. After enjoying our resort amenities, explore the best of Clearwater Beach. Dive into adventure at Clearwater Marine Aquarium, watch the sunset on Pier 60 or play a round of world-class golf at nearby courses. Back at the resort, enjoy award-winning cuisine at Rusty's Bistro, one of four onsite dining options.

Accommodations

A limited number of rooms have been blocked for this meeting at the special group rate of \$265 for queen/double occupancy.

Reservations

You may book your room online. Please visit our website at women-in-surgery.com or for a direct link to the group rate website go to <https://tinyurl.com/WIS2019>. You may also call the hotel directly at 1-727-595-1611 and ask for the group rate for the Women in Surgery Career Symposium. The group rate cut-off date is Friday, January 18, 2019. Rooms will fill quickly, so book early!

Hotel room arrival/departure date changes or cancellations must be made at least 72 hours prior to the scheduled arrival date to avoid additional fees.



FEES & REGISTRATION

Register online at Women-In-Surgery.com. You may register online even if paying by check.

| Attendee Type | By January 31, 2019 | After January 31, 2019 |
|--|---------------------|------------------------|
| Physician | \$250 | \$275 |
| Fellow* or PA/ARNP | \$100 | \$125 |
| Resident* or Student* | \$50 | \$75 |
| Guest Fee for Welcome Reception (free to registrant) | \$35 | \$35 |

*Fellows, Residents, and Students *must* e-mail proof of status to Janelle.Spence@ahss.org (subject line "WIS Status Proof") in order to be granted the discounted rate.

Cancellation Policy

Cancellations must be requested in writing via e-mail to Misty.Pittman@ahss.org by **January 15, 2019** to receive a refund. A \$50 cancellation fee will be assessed to cover administrative costs. There are no refunds for no-shows or for cancellations received after January 15, 2019; however, substitutions are welcome without penalty.

Florida Hospital reserves the right to cancel this activity due to unforeseen circumstances. In the event of such cancellation, only the registration fee will be returned to the registrant. Women in Surgery and Florida Hospital will not be responsible for travel expenses incurred by the participant in case of cancellation.

Accommodations for Disabilities

Please notify within a minimum of 30 working days in advance of the event if a reasonable accommodation for a disability is needed.

Faculty Disclosure

Florida Hospital adheres to the Accreditation Council for Continuing Medical Education (ACCME) Standards regarding commercial support of continuing medical education. It is the policy of Florida Hospital that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity; that relevant conflict(s) of interest is resolved; and that speakers disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course materials.



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Director, Massachusetts General Hospital Thyroid Cancer Research Laboratory

President, Association of Women Surgeons

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Velma Scantlebury, MD, FACS

Associate Director, Kidney Transplant
Program at Christiana Care Health System
Associate Chief Transplant Surgery
Spokesperson, Linkages to Life
Newark, DE

AGENDA

FRIDAY, FEBRUARY 15, 2019

2:30-4:45 pm | Workshop Sessions (RSVP Required)

Session A: *For Undergraduates/Medical Students/Residents* Moderator: Susan Hoover, MD

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|--------------|--|-------------------------|
| 2:30-2:45 pm | Effective Networking: How to Represent Myself with Polish and Professionalism..... | Linda Barry, MD |
| 2:45-3:00 pm | Building Relevance in my CV | Laila Rashidi, MD |
| 3:00-3:15 pm | The Job Interview | Meredith Duke, MD |
| 3:15-3:30 pm | Creating my Elevator Speech..... | Kandace Kichler, MD |
| 3:30-3:45 pm | Making yourself Competitive for Residency..... | Andrea-Hayes Jordan, MD |
| 3:45-4:00 pm | Social Media: Do's and Don'ts..... | Krista Haines, MD |
| 4:00-4:15 pm | Burnout in Medical School and Residency..... | Nova Szoka, MD |
| 4:15-4:30 pm | Combating the "Oh, the Nurse is Here" assumption | Chantal Reyna, MD |
| 4:30-4:45 pm | Q and A | |

Session B: *For Fellows/Attending Surgeons (AWS)* Moderator: Sareh Parangi, MD

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|--------------|--|--------------------------|
| 2:30-2:45 pm | Having It All: Academia versus Private Practice | Patricia Sylla, MD |
| 2:45-3:00 pm | Value of Participating in Local/National/Specialty Societies Early in your Career | Thelma Hurd, MD |
| 3:00-3:15 pm | Social Media - Marketing and Mishaps (Do's and Don'ts of social media)..... | Heather Logghe, MD |
| 3:15-3:30 pm | Overcommitted/Stressed Out: when and how to cut back..... | Christine Laronga, MD |
| 3:30-3:45 pm | Navigating the Unexpected Event – Career Damage Control, Career Change, Missed Work, and the Residual Effects | Janet Tuttle-Newhall, MD |
| 3:45-4:00 pm | Getting Older: When and How to Transition/Modify Practice..... | Patricia Numann, MD |
| 4:00-4:15 pm | How to Make the Most of My Salary: Savings, Investments, Retirement, Disability...Melissa LaPinska, MD | |
| 4:15-4:30 pm | Charting your Course: Finding Leadership Roles and Positions..... | Barbara Bass, MD |
| 4:30-4:45 pm | Q and A | |

5:00-6:00 pm | Poster Session

Hilary Sanfey, BSCH

6:15-9:00 pm | Reception/10th Anniversary Celebration: *Dance Your Night Away*

SATURDAY, FEBRUARY 16, 2019

6:30-7:15 am | Yoga on the Beach

Lindsay Agema

7:15-7:55 am | Registration/Breakfast/Exhibits

8:00-8:15 am | Program Chair Opening Remarks

Sharona Ross, MD

Plenary #1: *The Future of Health Care - From Baby Boomers to Generations X, Y, and Z*

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|---------------|---|
| 8:15-8:45 am | PANEL DISCUSSION: Women in Surgery – A Symposium, Our History: Setting the Foundation for the Future of Surgery Moderator: Linda Barry, MD; Sharona Ross, MD; Linda Richetelli-Pepe; Julie Freischlag, MD |
| 8:45-9:15 am | PANEL DISCUSSION: Decoding Generational Differences among Women in Surgery (Bidirectional understanding to improve communication) Moderator: Stacey Porter; Patricia Numann, MD; Pamela Hodul, MD; Chantal Reyna, MD; Sydni Schlosser |
| 9:15-9:30 am | The Future of Health Care & the Practice of Surgery Barbara Bass, MD |
| 9:30-10:00 am | PANEL DISCUSSION: Should We Practice Defensive Medicine? Moderator: Barbara Bass, MD; Claire Saady, Esq; Robert London, MD; Janet Tuttle-Newhall, MD; Lynn O'Conner, MD; Dmitry Oleynikov, MD |

10:00-10:15 am | Network Break

Plenary #2: *From Baby Boomers to Generation Z*

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|----------------|---|
| 10:15-10:30 am | Under the Microscope: Research and Surgery Sareh Parangi, MD |
| 10:30-10:45 am | How to Set Up For a Successful Community and Academic Practice – The New Wave Alexander Rosemurgy, MD |
| 10:45-11:15 am | PANEL DISCUSSION: Diversity in Surgery – Race, Religion, Disabilities, Sexual Orientation Moderator: Linda Barry, MD; Nova Szoka, MD; Laila Rashidi, MD; Chantel Hile, MD; Velma Scantlebury, MD; Andrea-Hayes Jordan, MD |
| 11:15-11:30 am | Optimal Patient Care with a Team Approach – How to Build a Practice with People from Different Generations Thelma Hurd, MD |
| 11:30-12:00 pm | PANEL DISCUSSION: Having a Voice: How to Create, How to Maintain, and How to Keep it Strong Moderator: Patricia Numann, MD; Melissa LaPinska, MD; Heather Logghe, MD; Patricia Sylla, MD |
| 12:00-12:15 pm | Networking between the Generations: Do We Understand One Another? Julie Freischlag, MD |

SATURDAY, FEBRUARY 16, 2019 (CONTINUED)

12:15-1:35 pm | Networking Lunch

Plenary #3: Work/Life Balance : From Baby Boomers to Generation Z

- 1:35-2:05 pm **PANEL DISCUSSION: Work /Family – Life Pendulum – Can We Have It All?**
Moderator: Leigh A. Neumayer, MD; Sharona Ross, MD; Meredith Duke, MD; Sareh Parangi, MD; Julie A. Freischlag, MD
- 2:05-2:35 pm **PANEL DISCUSSION: Single Women in Surgery**
Moderator: Kellie McFarlin, MD; Pamela Hodul, MD; Laila Rashidi, MD
- 2:35-3:05 pm **PANEL DISCUSSION: Future of Women in Surgery: What Transformational Leadership Looks Like Going Forward**
Moderator: Barbara Bass; Julie Freischlag, MD; Patrica Numann, MD; Andre-Hayes Jordan, MD; Sharona Ross, MD; Patricia Sylla, MD

3:05-3:20 pm | Network Break

Parallel Sessions

3:20-5:45 pm | Students/Residents

Moderator: Patricia Sylla, MD

- 3:20-3:35 pm **How to Find the Right Mentor**
Andrea-Hayes Jordan, MD
- 3:35-4:05 pm **PANEL DISCUSSION: Determining If Surgery is Right for You, If Yes Then...General Surgery vs. Specialties, What's Best for Me?**
Moderator: Lynn O'Conner, MD; Andrea-Hayes Jordan, MD; Pamela Hodul, MD; Chantel Hile, MD; Leigh Neumayer, MD; Patricia Sylla, MD; Krista Haines, DO
- 4:05-4:20 pm **What to Do If You are Having Difficulty in Residency**
Leigh Neumayer, MD
- 4:20-4:35 pm **How to Shine in Your Sub-Internships When Applying for a Surgical Residency/Surgical Specialty**
Patricia Sylla, MD
- 4:35-4:50 pm **The Value of Participation in Local/National/Subspecialty Societies: How to Make the Most of the Available Opportunities**
Marie Lee, MD
- 4:50-5:05 pm **Making Yourself Competitive and Preparing for Residency/Fellowship Application**
Dmitry Oleynikov, MD
- 5:05-5:20 pm **Choosing Your Own Path: How to Be a Well-Rounded Candidate Who is Happy in Academia or Community Practice**
Scott Gallagher, MD
- 5:20-5:35 pm **How to Best Manage My Accumulating Debt and Plan for the Future**
Elizabeth Shaungnessy, MD
- 5:35-5:45 pm **Q and A**

3:20-5:45 pm | Fellows/Attendings (AWS)

Moderator: Sareh Parangi, MD

- 3:20-3:35 pm **Professionalism for Advancement: How to Find and Select Opportunities to Build Your Personal Brand**
Velma Scantlebury, MD
- 3:35-3:50 pm **Skill Enrichment: Finding and Taking Advantage of Additional Opportunities to Advance Your Career**
Thelma Hurd, MD
- 3:50-4:05 pm **Managing Up: How to Play the Game – Putting Yourself in the Room Where Decisions are Made**
Melissa LaPinska, MD
- 4:05-4:20 pm **Leaning in Without Falling Over**
Hilary Sanfey, BSCH
- 4:20-4:35 pm **Leaving It General or Getting Specific**
Janet Tuttle-Newhall, MD
- 4:35-4:50 pm **Mentorship: How to Find One and How to Be One**
Lana Schumacher, MD
- 4:50-5:05 pm **Mental Health: Taking Care of Yourself so You Can Take Care of Others**
Barbara Bass, MD
- 5:05-5:20 pm **Demystifying Regulations and Compliance: How to Make Your Life Easier**
Meredith Duke, MD
- 5:20-5:45 pm **Q and A**

6:00 pm | Happy Hour

**The Future of Intelligent Care in Academics:
The DaVinci Faculty and Resident Training Continuum**

Darla Hutton

Join us to discuss the RAS training resources available to you and your institution.

WOMEN IN SURGERY
AdventHealth Tampa
3000 Medical Park Drive, Suite 500
Tampa, Florida 33613



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Join the conversation:

#WISSymposium #WIS10th #WIS2019