8th Annual International Women in Surgery Career Symposium

Aspire, Aim, & Achieve: The Ingredients for a Successful Career
March 31st to April 1st, 2017
Caribe Royale All-Suite Hotel and Convention Center, Orlando, FL

Chair
**Sharona B. Ross, MD, FACS**
Director, Minimally Invasive Surgery
Director, Surgical Endoscopy
Director, Advanced GI & HPB Fellowship Program
Director & Founder of International Annual Women in Surgery Career Symposium
Florida Hospital Tampa
Tampa, FL

Co-Chair
**Patricia L. Turner, MD, FACS**
Clinical Associate Professor of Surgery
University of Chicago Medicine
Director, Division of Member Services
American College of Surgeons
Chicago, IL

Register online at women-in-surgery.com
Objectives

Upon completion of this symposium, participants will be able to:

- Actively seek out and improve upon existing mentor/mentee relationships
- Identify specific issues facing women in Surgery
- Cultivate techniques for handling discrimination in the workplace effectively and professionally
- Pursue leadership positions in Surgery
- Possess an understanding of the basic skills and requirements for pursuing leadership positions
- Identify where and why there is need for women in leadership roles
- Utilize professionalism in a discipline in which men are traditionally predominant
- Implement specific coping methods and networking skills to promote a career in a discipline in which men are traditionally predominant
- Better appreciate the need to negotiate “equal pay for equal work”
- Generate reasonable expectations regarding lifestyle in residency and early career
- Implement basic strategies for financial security
- Recognize issues with pregnancy during a surgical career
- Better equipped to plan for pregnancy during residency and beyond
- Employ and optimize strategies for balancing children and marriage in the face of a demanding profession
- Acknowledge and help further the goals for the future of women in Surgery and be empowered to move toward those goals
- Apply stress-relieving techniques
- Determine which sub-speciality women surgeons most commonly pursue
- Summarize guidelines that will strengthen your professional image
- Interpret the discrepancies between perceived and actual earned salary of women surgeons

Course Description

The Women in Surgery (WIS) Career Symposium is a professional and academic event dedicated to encouraging more women to pursue a career in Surgery. It promotes both personal and professional growth and is designed to foster mentorship as well as a peer network. It also provides a forum to discuss contemporary issues and opportunities for women who have chosen or may choose a career in Surgery.

Participants will be able to interact with women who are thought leaders in Surgery and pioneers in advancing women in Surgery.

The annual WIS career symposium serves as a forum to discuss the issues and challenges confronting women as they seek to advance in a changing but still male-dominated field and to share successes and advice for breaking the glass ceiling in Surgery.

Furthermore, the intention is to highlight the importance of advancing women toward careers in Surgery by providing meaningful avenues for surgical professionals and students to interact, exchange ideas, and formulate effective strategies in advancing this important endeavor.

Target Audience

This symposium is designed for women who aspire for a career in Surgery or wish to enhance their career in Surgery. The target audience includes physicians, fellows, PA/ARNP, residents, medical students, graduate and undergraduate students, and other healthcare professionals.

Get up-to-date information and register online at women-in-surgery.com
Accommodations
A limited number of rooms have been blocked for this meeting at the special group rate of $169 for queen/double occupancy, $169 for standard king occupancy, $189 for deluxe king occupancy, or $294 for a villa (plus applicable taxes for all prices).

For reservations, please call the hotel directly at 1-888-258-7501 and ask for the group rate for the Women in Surgery Career Symposium.

Hotel room arrival/departure date changes or cancellations must be made at least 72 hours prior to the scheduled arrival date to avoid additional fees.

Parking
Complimentary self parking is available at the Caribe Royale. Valet Parking is available for $9 plus tax for day guests (per day) and $12 plus tax for overnight valet (per night).

Fees & Registration
Register online at Women-In-Surgery.com. You may register online even if paying by check.

<table>
<thead>
<tr>
<th>Attendee Type</th>
<th>By March 3, 2017</th>
<th>After March 3, 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician</td>
<td>$250</td>
<td>$275</td>
</tr>
<tr>
<td>Fellow* or PA/ARNP</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>Resident* or Student*</td>
<td>$50</td>
<td>$75</td>
</tr>
<tr>
<td>Guest Fee for Welcome</td>
<td>$35</td>
<td>$35</td>
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</tbody>
</table>

*Fellows, Residents, and Students must e-mail proof of status to WomenInSurgery@WISCareerSymposium.com (subject line “WIS Status Proof”) in order to be granted the discounted rate.

Facility Disclosure
SWIS adheres to the Accreditation Council for Continuing Medical Education (ACCME) Standards regarding commercial support of continuing medical education. It is the policy of the Society of Women in Surgery that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity; that relevant conflict(s) of interest is resolved; and that speakers disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course materials.

Location
Caribe Royale All-Suite Hotel and Convention Center
8101 World Center Drive  |  Orlando, Florida 32821  |  (407) 238-8000
www.CaribeRoyale.com

The Caribe Royale is located on more than 53 lush, tropical acres, with 1,218 spacious, well-appointed one-bedroom suites, 120 luxurious two-bedroom lakeside villas, expansive state-of-the-art meeting and event facilities, unmatched hospitality and service, and a wealth of desirable dining options.

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Patricia L. Turner, MD, FACS
Clinical Associate Professor of Surgery
University of Chicago Medicine
Director, Division of Member Services
American College of Surgeons
Chicago, IL

Faculty
Robert D. Barraco, MD, FACS
Chief Academic Officer, Lehigh Valley Health Network
Associate Dean for Educational Affairs
Associate Professor of Surgery
University of South Florida
Morsani College of Medicine – Lehigh Valley
Allentown, PA

Linda Barry, MD, FACS
Assistant Professor of Surgery
University of Connecticut School of Medicine
Chief Operating Officer and Assistant Director
Connecticut Institute for Clinical and Translational Science (CICATS)
University of Connecticut
Farmington, CT

Marie Crandall, MD, MPH, FACS
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Director of Research, Department of Surgery
University of Florida College of Medicine Jacksonville
Jacksonville, FL

Lucy De La Cruz, MD
Medical Director of Oncology Research
Jupiter Medical Center
Jupiter, FL

Rita Ferrari D’Aoust, PhD, ACNP, ANP-BC, CNE
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Providence Hospital
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Assistant Professor of Surgery
Department of Surgery
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Novant Health Forsyth Medical Center
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Comer Children’s Hospital
Mary Campau Ryerson
Professor of Surgery and Chief, Pediatric Surgery
University of Chicago Medicine
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Christine Laronga, MD, FACS
Senior Member, Department of Women’s Oncology
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Cornerstone Surgical Specialists
Wake Forest
High Point, NC

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University of Louisville School of Medicine
Adjunct Assistant Professor, Orthopaedic Surgery and Rehabilitation,
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President/CEO
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JSMoyer Consulting, LLC
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Westshore Financial Group
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Endowed Chair in  
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Chief-Section of Surgical Endocrinology, Department of Surgical Oncology, Division of Surgery  
Associate Medical Director, Department of Surgical Oncology, Endocrine Center  
Fellowship Program Director, Surgical Endocrinology, Department of Surgical Oncology, Division of Surgery  
The University of Texas MD Anderson Cancer Center  
Houston, TX

Susan Pories, MD, FACS  
AWS Past President  
Associate Professor of Surgery  
Harvard Medical School  
Co-Director, Hoffman Breast Center  
Mount Auburn Hospital  
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KMari Reid, MD, MS, FACS  
Hepatobiliary and Pancreas Surgeon  
MBA Candidate  
Brandeis University

Chantal Reyna, MD  
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Alexander Rosemurgy, MD, FACS  
Director, Digestive Disorders and GERD Center  
Director, HPB Surgery Center  
Co-Director, Advanced GI and HPB Surgery Fellowship  
Florida Hospital Tampa  
Tampa, FL

Hilary A. Sanfey, MB, BCh, MHPE, FACS  
First Vice–President  
American College of Surgeons  
Professor of Surgery & Vice Chair for Education  
SIU School of Medicine – Department of Surgery  
Springfield, IL

Christian Shalgian  
Director  
Division of Advocacy and Health Policy  
American College of Surgeons  
Washington, DC

Lillie D. Shockney, RN, BS, MAS  
University Distinguished Service Assistant Professor of Breast Cancer  
Administrative Director, Johns Hopkins Breast Center  
Associate Professor in Dept of Surgery, and Dept of Gynecology, JHU School of Medicine  
Baltimore, MD

Sharon L. Stein, MD, FACS, FASCRS  
Secretary, Association of Women Surgeons  
Program Director, Colon and Rectal Surgery Residency  
Associate Professor of Surgery  
University Hospitals/ Cleveland Medical Center  
Cleveland, OH

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Adjunct Associate Professor, University of North Carolina-Chapel Hill  
Owner of DocSwiner/Swiner Publishing Co.

Patricia Sylla, MD, FACS  
Associate Professor of Surgery  
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Mount Sinai Hospital  
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Danielle S. Walsh, MD, FACS, FAAP  
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James and Connie Maynor Children’s Hospital  
Associate Program Director, General Surgery Residency  
Associate Professor of Surgery Division of Pediatric Surgery  
East Carolina University  
Brody School of Medicine  
Vidant Medical Center  
Greenville, NC

Lori L. Wilson, MD, FACS  
Associate Professor of Surgery  
Division Chief, Surgical Oncology  
Howard University College of Medicine & Howard University Hospital  
Department of Surgery, Surgical Oncology  
Washington, DC

Sandra L. Wong, MD, MS, FACS, FASCO  
Professor and Chair, Department of Surgery  
The Geisel School of Medicine at Dartmouth  
Senior Vice President of the Surgical Service Line  
Dartmouth-Hitchcock Medical Center  
Interim Vice President of the Oncology Service Line  
The Norris Cotton Cancer Center  
Lebanon, NH

Heather Yeo, MD, MHS, FACS  
Assistant Professor of Surgery  
Assistant Professor of Healthcare Policy and Research  
Department of Surgery  
Weill Cornell Medicine  
New York, NY
Friday, March 31, 2017

3:00-5:30 pm | Workshop Sessions (RSVP Required)

Session A: For Undergraduates, Medical Students, Residents, PA/ARNP
MODERATORS: Sharon Stein MD; Linda Barry, MD; Sandra Wong, MD; John Nenos; Vikisha Fripp, MD; KMarie Reid, MD
TOPICS: Creating the best ME, I can be; The job interview-role play; How to represent myself with polish and professionalism; Building relevance in my CV; Creating my elevator speech; How to best manage my accumulating debt; How to financially plan for the future; Social media: Do’s and don’ts

Session B: For Fellows/Attendings
MODERATORS: Lori Wilson, MD; Meredith Duke, MD; Jessica Kandel, MD; C. Nicole Swiner, MD
TOPICS: The Right Job: How to negotiate for it; How to set yourself for a promotion; When to ask for a raise; How to make the most of my salary: Savings, investments, retirement, disability; Navigating the unexpected event: Career damage control, missed work, and the residual effects; Social media etiquette 101

6:00-9:00 pm | Welcome Reception - Join us on the dance floor!

Saturday, April 1, 2017

7:00-8:00 am | Registration/Breakfast/Exhibits

7:00-8:00 am | Breakfast Session: International or Foreign Medical Graduates or Doctor of Osteopathic Medical Graduates (RSVP required)
How to Successfully Apply to Surgical Residencies in the U.S. Practical Strategies to Excel in Surgery
Moderator: Lucy De La Cruz, MD

8:00-11:50 am | Work/Life Balance

10:00-10:10 am | Juggling Multiple Hats-More Than a Balancing Act
Julie Ann Freischlag, MD

10:10-10:30 am | Mentor Me-Finding and Building the Right Relationship for Career Growth
Patricia Sylla, MD

10:30-10:50 am | Looking for Love in all the Wrong Places
Marie Crandall, MD

10:50-11:00 am | Single Women’s Panel Discussion
Melanie Goldfarb, MD

11:00-11:10 am | How to Balance Family and Career Panel Discussion
Danielle Walsh, MD

9:45-10:00 am | Break/Exhibits

8:00-8:15 am | Opening Session
How to Successfully Apply to Surgical Residencies in the U.S. Practical Strategies to Excel in Surgery
Moderator: Lucy De La Cruz, MD

8:15-9:45 am | The Patient Centered Practice
The Future of Healthcare & the Practice of Surgery: Value Based Healthcare
Christian Shalgian

8:30-8:45 am | Skeptical Scalpel
- The Importance of Research in a Surgical Practice
Alexander Rosemurgy, MD

8:45-9:00 am | Trends & Technology
- Keeping Up and Knowing When to Implement
Sharona Ross, MD

9:00-9:15 am | Breaking Bias
- Using Emotional Intelligence
Robert Barraco, MD

9:15-9:45 am | Panel Discussion:
10 Things I Know Now, I Wish I Knew Then
Medical School
Residency
Fellowship
My First Job
Job Advancement
Moderator: Leigh Neumayer, MD

10:00-11:50 am | Work/Life Balance

10:00-10:20 am | Juggling Multiple Hats-More Than a Balancing Act
Julie Ann Freischlag, MD

10:20-10:35 am | Mentor Me-Finding and Building the Right Relationship for Career Growth
Patricia Sylla, MD

10:35-10:50 am | Looking for Love in all the Wrong Places
Marie Crandall, MD

10:50-11:20 am | Single Women’s Panel Discussion
Melanie Goldfarb, MD

11:20-11:50 am | How to Balance Family and Career Panel Discussion
Danielle Walsh, MD
### Saturday, April 1, 2017 (continued)

#### 11:50-1:15 pm | Networking Lunch

#### 1:15-2:30 pm | Health & Wellness

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15-1:30 pm</td>
<td>Be Proactive: American College of Surgeons Membership</td>
<td>Patricia Turner, MD</td>
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<tr>
<td>1:30-1:45 pm</td>
<td>Express Yourself - Finding a Creative Outlet to Avoid Burnout</td>
<td>Laura Johnson, MD</td>
</tr>
<tr>
<td>1:45-2:00 pm</td>
<td>Where is the Stress Coming From? Could Your Personality be an Indicator? (Meyers Briggs Type Indicator)</td>
<td>Jennifer Moyer, MEd</td>
</tr>
<tr>
<td>2:00-2:15 pm</td>
<td>Eating for Today for a Healthy Tomorrow - Nutrition for the Surgeon Lifestyle</td>
<td>Chantal Reyna, MD</td>
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<tr>
<td>2:15-2:30 pm</td>
<td>Meditation - Guided Activities for Stress Relief</td>
<td>Melissa Red Hoffman, MD</td>
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</tbody>
</table>

#### 2:30-2:45 pm | Break/Exhibits

#### PARALLEL SESSIONS

### Residents/Medical Students

**Moderator: Sandra Wong, MD**

<table>
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<tr>
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<tbody>
<tr>
<td>2:45-2:50 pm</td>
<td>Session Introduction</td>
<td>Sandra Wong, MD</td>
</tr>
<tr>
<td>2:50-3:10 pm</td>
<td>Mentor/Mentee Relationship - Your Responsibilities to Maximize It</td>
<td>Lynn O’Connor, MD</td>
</tr>
<tr>
<td>3:10-3:30 pm</td>
<td>With the 80 Hour Work Week Do I Really Need a Fellowship?</td>
<td>Lucy De La Cruz, MD</td>
</tr>
<tr>
<td>3:30-3:50 pm</td>
<td>Timing is Everything (Or is there a right time?) Starting a Family While Building a Surgical Career</td>
<td>Jennifer Ogilvie, MD</td>
</tr>
<tr>
<td>3:50-4:10 pm</td>
<td>Finding the Right Fit - Types of Practice and Settings</td>
<td>Vikisha Fripp, MD</td>
</tr>
<tr>
<td>4:10-4:40 pm</td>
<td>How to Best Manage my Accumulating Debt</td>
<td>John Nenos</td>
</tr>
<tr>
<td>4:45-5:30 pm</td>
<td>Panel Discussion: General Surgery, Specialities, and Sub Specialties</td>
<td>Patricia Turner, MD, Vikisha Fripp, MD, Laura Johnson, MD, Bonnie Simpson Mason, MD, Kellie McFarlin, MD, Leigh Neumayer, MD, Jennifer Ogilvie, MD, Patricia Sylla, MD, Sandra Wong, MD</td>
</tr>
</tbody>
</table>

### Fellows/Attending Surgeons (Association of Women Surgeons)

**Moderator: Christine Laronga, MD**

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<tr>
<td>2:45-2:50 pm</td>
<td>Session Introduction</td>
<td>Christine Laronga, MD</td>
</tr>
<tr>
<td>2:50-3:10 pm</td>
<td>Providing the Best Care: Using Surgical Quality Outcomes to Measure Your Own Value as a Surgeon</td>
<td>Heather Yeo, MD</td>
</tr>
<tr>
<td>3:10-3:30 pm</td>
<td>Parental Leave Policies: The Hand that Rocks the Cradle is the Hand that Rules the World</td>
<td>Susan Pories, MD</td>
</tr>
<tr>
<td>3:30-4:00 pm</td>
<td>Pay Equity: Understanding What We Are Worth</td>
<td>Hilary Sanfey, BSCH</td>
</tr>
<tr>
<td>4:00-4:30 pm</td>
<td>Contract Negotiations: You Don’t Get What You Deserve, You Get What You Negotiate</td>
<td>Danielle Walsh, MD</td>
</tr>
<tr>
<td>4:30-5:00 pm</td>
<td>Life Happens: Maintaining Focus in the OR When Things are Crazy at Home!</td>
<td>Marie Lee, MD, Christine Laronga, MD</td>
</tr>
<tr>
<td>5:00-5:30 pm</td>
<td>Q&amp;A Panel</td>
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### PA/ARNP

**Moderator: Scott Gallagher, MD**

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<td>Session Introduction</td>
<td>Scott Gallagher, MD</td>
</tr>
<tr>
<td>2:50-3:10 pm</td>
<td>IPE &amp; IPP (Interprofessional Education &amp; Practice): Preparing Surgeons for Teamwork</td>
<td>Rita D’Aoust, PhD, APN-C</td>
</tr>
<tr>
<td>3:10-3:30 pm</td>
<td>PAs, Roles &amp; Teams</td>
<td>Dawn Morton-Rias, PA-C</td>
</tr>
<tr>
<td>3:30-3:50 pm</td>
<td>Large, Multi-Disciplinary Care Teams &amp; Practice: Optimizing Every Role</td>
<td>Nancy Perrier, MD</td>
</tr>
<tr>
<td>3:50-4:10 pm</td>
<td>Tips for Training &amp; Retaining Productive APPs (Advanced Practice Providers)</td>
<td>Emily Lockridge, PA-C</td>
</tr>
<tr>
<td>4:10-4:30 pm</td>
<td>Transition to Survivorship: Post-Acute Setting &amp; Transitioning Back to PCP</td>
<td>Lillie Shockney, RN, BS, MAS</td>
</tr>
<tr>
<td>4:30-5:00 pm</td>
<td>Balancing Inpatient &amp; Outpatient Care Teams</td>
<td>Scott Gallagher, MD</td>
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<td>Q&amp;A Panel</td>
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Society of Women in Surgery
PO Box 2406
Columbus, OH 43216-2406

March 31st to April 1st, 2017
Caribe Royale Hotel
Orlando, FL

Register online: women-in-surgery.com